



The Poopin' Papers

The Only Newspaper Worth Sitting Down For

Vol. 1, No. 4 — Week of March 2, 2026 — Est. 2026

THIS WEEK

- ☀️ **It's gorgeous outside!** Get out there — ride bikes, shoot hoops, touch grass. No excuses this week 🌿
- 📅 **Wednesday:** Halfway through the week! Restock your water bottle and snacks
- 📖 **Reading Challenge:** Read 20 minutes every night this week — track it on the fridge chart
- 🌞 **Sunday:** Daylight Saving Time is March 8! Clocks spring forward — early bedtime Saturday night 🕒

WEEKLY CHORE CHECK

Check 'em off as you go!

CHORE	DONE?
Make your bed every morning	<input type="checkbox"/>
Put clean laundry AWAY (not on the chair)	<input type="checkbox"/>
Rinse your dishes before the sink	<input type="checkbox"/>
Vacuum your room once this week	<input type="checkbox"/>
Feed the pets without being reminded	<input type="checkbox"/>

THIS WEEK'S MENU

	SUN	MON	TUE	WED	THU	FRI	SAT
🍳 BFAST	Crepes	Cinn Bread	Egg Saus Burrito	CC Muffins	Jimmy Dean	—	—
🍲 LUNCH	Grilled cheese, leftovers (ground beef+broccoli, chicken thighs+rice, taco rice bowls) · Snacks: fruit snacks, oranges, chips						
🌙 DINNER	Lasagna	Brinner 🍷	KFC Bowls	Salmon Rice	Brats + Fries	Pinchos	—

COACHING CORNER

"Be the Thermostat, Not the Thermometer"

A thermometer just reacts to the temperature around it. A thermostat *sets* the temperature. When your friend is upset, when the classroom gets chaotic, when your sibling is being annoying — you get to choose: do I just react to the energy around me, or do I set the energy? Leaders don't wait for the room to be calm. They bring the calm. This week, notice one moment where you could be the thermostat. Maybe it's staying chill when someone cuts in line, or being the first to include someone sitting alone. You don't control what happens to you — but you always control the vibe you bring.

THE FUN ZONE

Q: Why did the math book look so sad?

A: Because it had too many problems. 📖

Q: What do you call a bear with no teeth?

A: A gummy bear! 🐻

🦩 **Did You Know?** A group of flamingos is called a "flamboyance." And sea otters hold hands while they sleep so they don't drift apart. Nature is basically writing its own sitcom.

BRAIN FUEL

"In the middle of difficulty lies opportunity."

— Albert Einstein

Brain Teaser:

The more you take, the more you leave behind. What am I?

(Answer on the back... just kidding, there is no back. Ask Dad.)



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